

The Possible Side-Effects of Eating Too Many Very Hot Chillis

Signs and symptoms

- 1) Burning mouth
- 2) Sweat on face
- 3) Reluctance to eat chilli due to sense of self-preservation
- 4) Stomach churning
- 5) Uncontrollable dribbling
- 6) Shaking limbs especially leg – sign of agitation
- 7) Increased pain along alimentary canal
- 8) Eyes streaming – red eye
- 9) Naga claw
- 10) Sense of impending death (not really!) Have you signed the disclaimer?